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The Alice Aycock Poe Center for Health Education together with the North Carolina Medical Society Alliance utilized the \$500 funds from the Alliance Health Education Initiative grant to support the *Drugs Uncovered* program. *Drugs Uncovered: What Parents & Adults Need to Know* is an interactive program that targets parents of upper elementary, middle school and high school students. *Drugs Uncovered* introduces parents to the current trends regarding alcohol, tobacco and other drugs; health risks associated with adolescent use/abuse; and techniques for open communication and dialog with adolescents. The program includes a detailed section on opioid and other prescription drug misuse. This section includes proper storage, monitoring, and disposal including disposal bags and access to local drop boxes. An interactive exhibit includes lock boxes and disposal bags for parents to see how they work. Disposal bags and lock boxes are distributed as door prizes at each event.

\$500 was used to support the additional costs associated printing packets and providing resources with our two largest *Drugs Uncovered* programs—January 17th at Granville-Vance Community College with 125 attendees and April 29th at Davie County High School with 120 attendees. AHEI was included as a supporter of the event on the slide deck for the presentation. AMAA materials were distributed in packets to each participant and on the display table demonstrating proper storage and disposal.

Project Outcomes:

Each attendee learned about community costs of the opioid epidemic along with tips for proper monitoring, storage, and disposal of prescription drugs. A Pre and Post evaluation survey was conducted for each program to assess knowledge gains during the session. There was an average for a **30% increase** in participants' knowledge around youth substance use trends.

Parents attending the sessions are also asked a series of three follow-up questions after each session.

- **97%** of the attendees stated their knowledge of alcohol, tobacco and other drug information and trends had increased after attending the *Drugs Uncovered* presentation.
- **79%** of the attendees stated that they had underestimated the community impact of drug use and underage drinking.
- **94%** stated that they feel more comfortable speaking with adolescents about alcohol, tobacco and other drugs after attending *Drugs Uncovered* presentation.

Comments from attendees include:

- Share with all of the schools and the communities. Knowledge is power. Great Presentation!
- Where is the next location where you will be training. Teaching parents, please let me know.
- Clear easy information the information on all topics. Lots of great resources given
- thank you
- Very good Information
- Great program.
- Great info thank you
- Thank you for this informative workshop
- Awesome presentation
- Great very much needed
- Very good information shared
- Very helpful information and needs to be shared more by the kids and the parents
- Needed in all elementary, middle and high school and colleges
- Great program. Keep up the great work
- Very informative information! Great resources
- This class was very informative. The presentation and slides were excellent
- Thank you
- Very nice thank you

The Poe Center is a 501(c)(3) nonprofit organization; contributions are tax-deductible.

Areas for Improvement:

Parents attending the presentations have lots of questions for proper storage and disposal including how to acquire a lock box for their home. Additional funds would allow more communities across North Carolina to receive the *Drugs Uncovered* program as well as enable us to purchase additional medication lock boxes to make available for all attendees unable to acquire one on their own.



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